

FINDING STRENGTH IN OUR SPIRITUALITY IN DIFFICULT TIMES

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

يَا أَيُّهَا الَّذِينَ آمَنُوا اسْتَعِينُوا بِالصَّبْرِ وَالصَّلَاةِ إِنَّ

اللَّهَ مَعَ الصَّابِرِينَ.

وَقَالَ رَسُولُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ:

مَنْ سَرَّهُ أَنْ يَسْتَجِيبَ اللَّهُ لَهُ عِنْدَ الشَّدَائِدِ

وَالْكَرْبِ فَلْيُكْثِرِ الدُّعَاءَ فِي الرَّخَاءِ.

Honorable Muslims!

In verse I have recited, our Lord Almighty states as follows, “O you who have believed, seek help through patience and prayer. Indeed, Allah is with the patient.”¹

In the hadith I have recited, the Prophet Muhammad (saw) says, “Whoever wants their prayers to be accepted through difficult times should pray a lot through normal times.”²

Dear Believers!

During our time in this life, many problems, sorrows, and troubles come our way. Every incident that occurs to us is part of the test in this world, regardless of its consequences. What we call the life capital is actually a limited time frame given to us.

Dear Muslims!

We should find strength in our love for and trust in Allah (SWT) in our good days and our bad days. Our primary responsibility as Muslims in the face of the challenging trial of life is to take all measures within our power.

Dear Muslims!

Muslims, who resort to causes and take all kinds of measures in the light of knowledge, reason, and experience, should also know to trust Allah (SWT) and be contented with the divine decree. They should act with submission and calm, not rebellion and extremism. They should get rid of their fears, worries, and pessimism and seek refuge in the absolute will of Allah (SWT). The safest haven is the Almighty Allah’s (SWT) matchless might, knowledge, wisdom, aid, and grace.

Dear Believers!

Therefore, let us not forget that Muslims can overcome their difficulties by relying on their Lord (SWT), feeling confident in themselves, and helping and getting help from their brothers and sisters. Let us keep vivid our spirituality through worship, supplication, contemplation, and reliance on Allah (SWT) to be strong in life.

¹ Baqarah, 2/153.

² Tirmidhi, Da’awat, 9.